Resilience in School Environments: Understanding and Practice (RISE UP) Staff Lounge is a virtual mental health and resilience professional development program for school staff and is part of the Thriving Schools Resilience in School Environments (RISE) initiative. The RISE UP team employs theatre, experiential learning, mindfulness practices, and arts integration techniques to engage participants in the discovery and implementation resilience-building tools. Participants will practice resilience tools and techniques to support staff and student health, as well as foster connection and supportive relationships with colleagues.

This interactive session will focus on Hope: Explore the power of hope to motivate action.

Troy Hutchings, Ed.D

Troy Hutchings researches, writes, and speaks in the areas of professional ethics, educator misconduct, and frameworks for an ethical and legal teaching practice. Hutchings also provides expert witness testimony in judicial hearings; collaborates on policy initiatives with state, federal and provincial agencies; and has been the subject matter expert on a variety of national projects dealing with educator ethics including the Model Code of Ethics for Educators and the National Council for the Advancement of Educator Ethics. Dr. Hutchings is the Senior Policy Advisor for the National Association for the State Directors of Teacher Education and Certification (NASDTEC). He has a record of full-time teaching, research, and administrative responsibilities at the university level, and has also served as a high school teacher, administrator and coach.

Dr. Hutchings will guide an interactive discussion on creating Communities of Care by connecting educator ethics and teacher well-being.

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